

# ENGLAND KYOKUSHIN



## British Karate Championships

2018

Including

Kata

Junior Kumite Championships

and

Male & Female Weight Category Championship

Wodson Park Sports and Recreation Centre

Ware

Hertfordshire,

SG12 0UQ

Saturday 13 October 2018

## Referees and Officials

The IKO GB Chief Referee for this event is xx xx xx.

IKO Europe and EK qualified judges and referees will be officiating.

## Regulations

- ⊕ Parents and spectators are **NOT** allowed around the fighting areas
- ⊕ Only Coaches/team captains may be around the fighting areas, only discrete coaching is permitted
- ⊕ Etiquette; coaches/team captains must ensure all their competitors have been put in the right categories and are ready to start
- ⊕ The referee's decision is **final** – only complaints about administration can be considered on the day

**In all cases the Chief Referee's decision is FINAL**

## Videos

- ⊕ Due to Child/Data Protection issues please respect other people's privacy when taking photos or videoing
- ⊕ Videos will not be used for judging disputes.
- ⊕ All entrants agree to be photographed and photos may be used as or in promotional material for England Kyokushin

## First aid

- ⊕ Paramedics will be in attendance
- ⊕ Access to all areas must be kept clear to enable officers to see and access any location quickly

## Valid Licence and Insurance

- ⊕ All competitors must be able to prove they have a valid licence and insurance at the date of the competition from their own organisation. They must be able to produce proof of age and grade - **there can be no exception**

## Timetable (approximate timing)

- ⊕ **9:00**            **Doors open & fighter registration**
- ⊕ **10:00**           **Kata**
- ⊕ **12:00**           **Junior Kumite Championships**
- ⊕ **15:00**           **Weight Category Championships**

## Prices

- ⊕ **Spectators**

Adults	£	4.00
Juniors/OAP	£	1.00
Under 8's		FREE

## Rules and entry requirements

### Eligibility:

- ⊕ This event is open to students aged 8 and upwards.
- ⊕ This event is open to males and females.

### Compulsory equipment:

- ⊕ A full clean white karate suit with belt must be worn.
- ⊕ Junior Kumite - IKO standard IchiGeki Open Finger Glove or similar approved.
- ⊕ All Kumite –Shin and in-step protectors.
- ⊕ 12 years plus Mouth guard (gum shield), Clicker optional.
- ⊕ 16 years plus Groin/guard box – girls optional.
- ⊕ Junior Kumite - Head guards with face guards.
- ⊕ Cadet Girls 16 -17 & Ladies Championships: cup breast protector.

**NOTE:** Head guards will be provided at the event, all other compulsory equipment must be provided by each entrant.

### Duration and Extension Procedure

#### Junior Kumite Championships

- ⊕ 10 – 14 yrs fights will consist of one round of 90 sec, 15 – 17 yrs 120 sec.
- ⊕ In the event of a draw a further round of 90 sec, 15 – 17 yrs 90 sec.
- ⊕ If there is a further draw after this additional round, the referee and judges will make a decision based on effective technique and spirit.

#### Weight Category Championships

- ⊕ One 3 minute round.
- ⊕ In the event of a draw a further round of 2 minutes.
- ⊕ If there is a draw after this additional round the fight will be awarded to the lighter fighter, if the difference is greater than 3kg.
- ⊕ In the Heavyweight division if there is more than 10kg in weight difference the lighter competitor shall be declared the winner.
- ⊕ If there is no weight advantage a final 2 minute round will be held.
- ⊕ If there is a further draw after this second additional round, then the fight will be awarded to the lighter fighter.
- ⊕ Novice Championship fighters; Head Guard is optional

# Scoring

## Junior Kumite Championships

- ⊠ An effective kick to the head, with control and pull back
- ⊠ An effective technique to the body
- ⊠ A foot sweep followed up by non-contact strike - Zanshin
- ⊠ 14 years plus - an effective technique to the thigh
- ⊠ If an opponent is knocked down by any effective technique and cannot regain a standing composed position within 3 seconds, then they will be counted out and their opponent will awarded an Ippon.
- ⊠ The winner will normally be the competitor with the most points.

## Weight Category Championships

- ⊠ An effective kick to the head
- ⊠ An effective technique to the body
- ⊠ An effective technique to the thigh
- ⊠ If an opponent is knocked down by any effective technique and cannot regain a standing composed position within 3 seconds, then they will be counted out and their opponent will awarded an Ippon.
- ⊠ The winner will normally be the competitor with the most points.

## Points will be awarded against a competitor for:

- ⊠ Constantly retreating outside the fighting area.
- ⊠ Performing any illegal techniques.
- ⊠ Inappropriate behaviour.

## General legal techniques

### Junior (Under 14) Kumite

- ⊠ Controlled kicks and knee strikes to the head
- ⊠ Kicks to the body
- ⊠ Knees to the body
- ⊠ Punches and elbows to the body.

### Cadet (14 - 17) Kumite

- ⊠ Controlled kicks and knee strikes to the head
- ⊠ Kicks to body and legs
- ⊠ Punches and elbows to the body and legs.

### Weight Category Championships

- ⊠ Kicks and knee strikes to the head, body and legs
- ⊠ Punches and elbows to the body and legs.

## General illegal techniques

### Junior Kumite Championships

- ⊠ Kicks to the face, uncontrolled kicks to the head, e.g.kicks with follow through;
  - Jodan ushiro mawashi
  - Uchi mawashi Keage etc.
- ⊠ Pushing
- ⊠ Under 14; kicks to the thigh.

### Junior Kumite Championships & Weight Category Championships

- ⊠ Contact to the head, neck or face with a punch, hand strike or elbow strike.
- ⊠ Grabbing or holding of the opponent.
- ⊠ Kicks to the groin or front of knee.

### Disqualification of an entrant will occur when;

- ⊠ The referee observes any conduct judged not to be in keeping with the rules and standards of the etiquette required.

**The referee's and judge's decision(s) are final.  
There is no provision for any form of appeal.**